



Advocacy - Education - Quality



~ PROGRAM ~

FEATURING
KEYNOTE GUEST SPEAKER

DR. MARCIA KOSTENUIK

MD, FCFP, BSC

CMA WELLNESS CONNECTION;
MEDICAL PSYCHOTHERAPY ASSOCIATION OF
CANADA (MDPAC), OCFP PEER GUIDE

“GETTING OFF THE PATH TO BURNOUT”

Other Plenary Sessions:

The Word on GERD - Dr. A. Neville

Diverticulitis: Tricks for 'Tics - Dr. A. Caycedo

Tumour Localization: What's Best for Breast - Drs. K. Bukhanov, T. Cil,
E. Mitic and H. Voogjarv

Trauma: Should They Stay or Should They Go? - Dr. G. Gomez

Difficult Colleague - Dr. J. Novick

Periop Meds Management: Know When to Hold 'Em - Dr. J. Ernst

ON-SQIN Update: Smoothing - Dr. T. Jackson

Case Study: The Difficult Abdominal Closure - Dr. N. Parry

Case Study: The Difficult Gallbladder - Dr. K. Bertens

Case Study: The Difficult Stoma - Dr. G. Ma

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**Ontario Association of
General Surgeons**

(OMA Section on General Surgery)

VIRTUAL

27th Annual Meeting

November 5-6, 2021



Registration Deadline: Nov. 6

Target Audience:

General Surgeons and

General Surgery Fellows/ Residents/ Physician Assistants

CME Accreditation:

This event is seeking approval as an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, from the Canadian Association of General Surgeons.



VIRTUAL OAGS 27th Annual Meeting Program: November 5-6, 2021

7:30 AM EXHIBIT HALL & NETWORKING

Session Chair: Dr. Tim Jackson, OAGS President
Co-Chair: Dr. Jennifer Macmillan, Annual Mtg Committee Chair

8:30 am Welcome & Orientation

8:40 am **"The Word on GERD"**

Speaker: Dr. Amy Neville (approx. 20min + 5min Q&A)
Learning Objective: The participant will learn: 1) treatment and management options for patients presenting with heartburn symptoms; 2) approach to dyspepsia; 3) next steps after abnormal upper endoscopy

9:10 am **"Diverticulitis: Tricks for 'Tics'"**

Speaker: Dr. Antonio Caycedo (approx. 20min + 5min Q&A)
Learning Objective: The participant will identify the latest antibiotic approaches and/or surgical options for different stages of diverticulitis.

9:40 am **"Panel: Tumour Localization - What's Best for Breast"**

(20min Tips and 15min joint Q&A)
Speakers: Drs. Karina Bukhanov, Tulin Cil, Emily Mitic, and Harry Voogjarv
Learning Objective: The participant will learn the newer localization methods of breast lesions (i.e. radioactive/magnetic seed) from urban academic and community perspectives.

10:15 AM EXHIBIT HALL & NETWORKING

10:35 am **"Trauma: Should they stay or should they go?"**

Speaker: Dr. David Gomez (approx. 20 min + 5min Q&A)
Learning Objective: The participant will review options for the management of abdominal trauma at non-trauma centres.

11:05 am **"Difficult Colleague"**

Speaker: Dr. Jon Novick - OMA PHP (approx. 20 min + 5min Q&A)
Learning Objective: The participant will learn strategies that can be employed to address difficult situations in which a colleague's skillset and/or disposition toward patients are lacking and unsafe.

11:35 am **"Periop Meds Management: Know when to hold 'em'"**

Speaker: Dr. Jaclyn Ernst (approx. 20 min + 5min Q&A)
Learning Objective: The participant will learn a patient centered, evidence based approach to identifying which commonly prescribed medications can be safely continued or discontinued in the perioperative period. The focus will be on cardiovascular medications, medications affecting hemostasis and endocrine medications (medications for diabetes and steroids).

12:05 pm **"ON-SQIN Update: Smoothing"**

Speaker: Dr. Tim Jackson (approx. 10 min)
Learning Objective: The participant will be apprised of newer strategies and opportunities to optimize use of hospital resources and manage surgical waitlists, and the progress being made on improving the quality of surgical care through the Ontario Surgical Quality Improvement Network.

12:20 PM BUSINESS MEETING & PRESENTATION

◆ **Special Presentation: Dr. Julian Daza Vargas (12:20-12:20pm)**

Business Session Chair: Dr. Kevin Lefebvre, OAGS VP

Note: This session is open to both OAGS and Section members. No charge.

Learning Objective: At the end of this lecture, the learner will be able to appreciate the principles discussed concerning policy, relativity, etc.

- I. INTRODUCTION (12:25pm)
- II. OAGS HOUSEKEEPING (12:25pm-12:45pm)
 - a) Motion to approve agenda
 - b) Motion to approve previous minutes
 - c) OAGS Election
 - d) OAGS Treasury Report/Motion - J.Macmillan
- III. RESIDENT UPDATE - T.McKechnie (12:45pm-12:50pm)
- IV. OAGS President's Report - T.Jackson (12:50pm-1pm)
- V. OMA Section Chair Report/MSPC/TARIFF (1pm-1:10pm)
- VI. OTHER BUSINESS (1:10pm-1:20pm)
 - a) Open discussion; b) Next Meeting - Nov.11-12, 2022
- VII. Motion to Adjourn (1:20pm)

1:20 PM EXHIBIT HALL & NETWORKING

1:40 pm **"Challenging Case Study: The Difficult Abdominal Closure"**

(approx. 20 min each + 10min joint discussion/Q&A)
Lead: Dr. Neil Parry
Learning Objective: The participant will learn tips for difficult abdominal closure such as using native tissue to increase domain, Bogota bag, etc. through case presentations and group discussion.

2:15 pm **"Challenging Case Study: The Difficult Stoma"**

(approx. 20 min each + 10min joint discussion/Q&A)
Lead: Dr. Grace Ma
Learning Objective: The participant will learn management techniques for a difficult stoma (i.e. thick abdomen, tearing, distracting, narrowing, etc.) through case presentations and group discussion.

2:50 pm **"Challenging Case Study: The Difficult Gallbladder"**

(approx. 20 min each + 10min joint discussion/Q&A)
Lead: Dr. Kim Bertens
Learning Objective: The participant will learn the following; A) How to anticipate a difficult gallbladder before operating; B) Tips & tricks for operative management of a difficult gallbladder; C) Safe and definitive "bail out" maneuvers.

3:25 pm **Annual OAGS KeyNote Lecture:**

"Getting Off the Path to Burnout"

(approx. 40min+ 20min Q&A)
Speaker: Dr. Marcia Kostenuik - CMA Wellness Connection

Learning Objective: The participant will learn...
1. How to recognize early signs of physician burnout; 2. How to recognize personal risk factors and system issues that increase the risk of burnout; 3. How to use strategies to monitor and reduce stress, set healthier work limits, develop true resilience, and create better work-life balance to reduce the risk of burnout.

4:30 pm **"Doctor's Lounge (Optional Burnout Open Discussion)"**

Lead: Dr. Marcia Kostenuik
(approx. 30min)
Learning Objective: same as above.

4:30 PM EXHIBIT HALL & NETWORKING

Note: See website for Sponsored Sessions schedule.

Challenging Case Studies

Submit your challenging case(s) for group discussion in advance of our meeting:

- a) The Difficult Abdominal Closure
- b) The Difficult Stoma
- c) The Difficult Gallbladder

<https://qrgo.page.link/JBxmL>



PRESIDENT'S MESSAGE



Dr. Tim Jackson

The Ontario Association of General Surgeons was established to promote the interests of all of the general surgeons in our province, whether they practice in a major urban area or a rural community. We endeavour to fulfill this goal with strong representation in the political arena of the OMA and advising in the best interests of our members. We also endeavour to fulfill this goal by establishing a relevant educational meeting. The annual general meeting, now in its 27th year, has always been an opportunity to bring practical, useful and up to date knowledge to our members, as well as keeping

you informed of the political situation and negotiations. This year will be no different, as the organizing committee has assembled an excellent variety of speakers which you will not want to miss. Hope you can join us!

REGISTRATION WEBSITE

<https://qrgo.page.link/9PrTz>



REGISTRATION

Target Audience:

General Surgeons, Fellows, Residents, Physician Assistants
Members & Non-Members

Registration Deadline: November 6

If you plan to attend our virtual meeting, you must register on our Annual Meeting Registration Website above - regardless of membership status.

Members:

Current OAGS members can register FOR FREE! Members received a promotion code via email in September. Please enter this code before you complete your online registration to avoid paying again. If you did not receive a code, you may still have to renew your dues. If uncertain of status or having difficulty using the promo code or registering in general, contact the OAGS office: info@oags.org / 705-745-5621. **NOTE: The deadline to use remaining Covid credits from last fiscal is DECEMBER 31, 2021. Refer to recent invoice.**

How to Register

◆ **Online:** <https://pheedloop.com/oags2021/site/home/>

How to Pay:

◆ **Credit/PayPal/Stripe** - Major credit cards accepted online.

◆ **Cheque** - Make payable to "OAGS" and mail to:

OAGS - P.O. Box 192, Stn. Main, Peterborough, Ontario K9J 6Y8 or...

◆ **Credit/Phone** - Call 705-745-5621 / 1-877-717-7765

NOTE: PayPal/Stripe are secure methods for your credit card transactions. You DO NOT need to create an account and can make a one-time payment only. We reserve the right to refund payment if you do not fulfill the membership criteria. Email confirmation will be sent to you. Tax deductible receipts will be sent AFTER fiscal year-end.

MEETING ADMISSION FEES

No Late Fees This Year!

◆ **FREE - Current OAGS Member**

(after 2021 fiscal dues are paid; must be RCPSC certified and living/practising in Ontario)

◆ **\$450 - Non-Member - General Surgeon**

(active/inactive/out-of-prov.)

◆ **\$ 60 - Non-Member - General Surgery Resident/Fellow**

◆ **\$200 - Non-Member - Allied Health /Physician Assistant**

◆ **FREE - Med Student**

(2 per program- must be referred by an OAGS member)

MEMBERSHIP DUES (JAN-DEC, 2021)

Become a Member and Register for the meeting at the same time!

◆ **\$395 - GS Active/Associate***

◆ **\$200 - GS Inactive /Semi-Retired***

◆ **\$ 50 - GS Resident/Fellow***

* Member Prerequisites:

Certified by RCPSC (or equivalent - refer to board)

Practising/living in Ontario in good standing

Enrolled in a post graduate General Surgery program within Ontario



PROGRAM & EDUCATION COMMITTEE

Dr. Jennifer Macmillan (Committee Chair)

Drs. L. Bui, T. Jackson, Dr. K. Lefebvre, H. Moloo,
S. Rieder, A.Smith, J.A.Van Koughnett

GUEST SPEAKERS

Dr. Kimberly Bertens, MD, FRCSC
Faculty, Dept. of Surgery, General Surgeon, U of Ottawa; The Ottawa Hospital

Dr. Karina Bukhanov, MD, FRCPC
Assistant Professor, Radiologist, Mount Sinai Hospital; University of Toronto

Dr. Antonio Caycedo, MD, FRCSC
Associate Professor, Queen's University; Attending Staff, Kingston Health Sciences Centre

Dr. Tulin Cil, MD, FRCSC, MEd
Associate Professor, UofT; University Health Network - PMH

Dr. Julian Daza Vargas, MD
GS PGY2, UofT

Dr. Brittany Dingley, MD, FRCSC
The Ottawa Hospital

Dr. Jaclyn Ernst, MD, FRCPC, Dipl of ABOM
Assistant Professor, Western University; LHSC, Victoria Hospital

Dr. David Gomez, MD, FRCSC
Assistant Professor General Surgery, University of Toronto; St. Michael's Hospital - Unity Health

Dr. Tim Jackson, MD, FRCSC
Associate Prof. of Surgery, UofToronto; HQO Provincial Surgical Lead, UHN-TWH; OAGS President

Dr. Marcia Kostenuik, MD, FCFP, BSc
CMA Wellness Connection; Medical Psychotherapy Association of Canada (MDPAC), OCFP Peer Guide

Dr. Grace Ma, MSc, MD, FRCSC, FACS
Assistant Professor, NOSM: Health Sciences North

Dr. Kevin Lefebvre, MD, FRCSC
Medical Program Dir., Surgical Services Stratford General Hospital
Div. of General Surgery, Stratford, ON

Dr. Marisa Louridas, MD, FRCSC
Assistant Professor, UofToronto; UHN - St. Michael's Hospital

Dr. Jennifer Macmillan, MD, FRCSC
General Surgeon, Muskoka Algonquin Healthcare; OAGS Program & Education Committee Chair, OAGS Treasurer

Dr. Morgan McWilliam, MD, FRCSC
Div. of General Surgery, Stratford General Hospital

Dr. Tyler McKechnie, MD
General Surgery PGY2, McMaster U; OAGS Resident Representative

Dr. Emily Mitic, MD, FRCSC
Div. of General Surgery, Timmins and District Hospital

Dr. Amy Neville, MD, FRCSC
Assistant Professor, U of Ottawa; The Ottawa Hospital - Civic Campus

Dr. Jon Novick, MDCM, FRCPC, MRO
Assistant Professor, Psychiatrist, Associate Medical Director, Addiction, OMA PHP, OMA Physician Health Program; University of Toronto

Dr. Elina Pacu, BSc, CAPM
Early Career Education Specialist; MD Financial Management

Dr. Neil Parry, MD, BSc, FRCSC
Assoc. Prof., Dept. of Surgery and Dept. of Medicine, Western University
Div. General Surgery, Victoria Hospital
London, ON

Dr. Janelle Rekman, MD, MAEd, FRCSC
Renfrew Victoria Hospital; University of Ottawa

Dr. Scott Rieder, MD, FRCSC
Kingston General Hospital; Div.General Surgery, Queen's University

Dr. Harry Voogjarv, MD, FRCSC
Assistant Chief of Staff, VP of Medicine, Timmins and District Hospital

Without the support of our sponsors, this event would not be possible. Thank you.

EXCELLENCE



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